



# LIVING THE COWGIRL LIFE

Trip Summary

# HIGHLIGHTS

- Enjoying the peace and solitude of <u>Vee Bar Ranch</u>
- Riding on well-trained horses through wide open pastures and rugged landscapes
- Experiencing ranch activities including trapshooting, fly fishing, and sheep dog demonstrations
- Enjoying hearty meals in a gorgeous lodge
- Soaking tired muscles at night while gazing at more stars than you ever knew existed

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### TRIP AT A GLANCE

Location:	Laramie, Wyoming
Activities:	Riding
Arrive:	Fly into Denver International Airport (DIA) anytime on Day 1.
Depart:	You can fly out after 3PM on the last day from Denver International Airport

### Trip Overview

Tucked away high up near Wyoming's Snowy Mountains is <u>VeeBar Ranch</u>, a historic dude ranch. The ranch is a place of peace and quiet, a retreat that combines time in the outdoors with comfortable lodging and hearty meals at night, away from cell phones. The air is crisp and invigorating, and you find yourself relaxing within minutes of your arrival. You can choose to be busy all day, going for long rides, learning or improving your fly fishing, hiking in this spectacular rugged land, and joining in every activity we offer. Or you can decide to put your feet up on the front porch and read a good book, in between soaking in the hot tub. All these are possible - it's completely up to you! Maximum group size: 16. Maximum horseback rider weight permitted: 265 pounds.

### Rating

Maximum horseback rider weight: 265 pounds. We have rated this trip as 1, 2, or 3 because of the wide variety of options available every day. You might choose half-day horseback rides with afternoons spent reading a book or soaking in the hot tub; or you might ride as much as possible each day with fishing and hiking taking up the rest of your time. The level of activity is up to you. For trips that are rated 2, participants should be walking regularly at a **brisk** pace 3 to 4 days a week for 35 - 45 minutes prior to trip beginning. **Rating:** 1 [2] 3 4 5.

# What's Included

- An experienced AGC group leader and multiple local guides depending on group size
- 6 nights lodging at Vee Bar Ranch (all in single rooms with shared bathrooms) and one night at a hotel near the airport
- All meals except dinner on night 1, and lunch on day 2
- Round trip transportation to/from the airport in Denver, CO
- All activities as listed on the itinerary (Fly Fishing in the river and off property requires purchasing a state fishing license)
- Customary gratuities (15%) and taxes (6%) for ranch and staff

**Not included:** Travel to and from Denver, CO from your place of origin, dinner on day 1 and lunch on day 2, alcoholic beverages (can be purchased at the ranch), AGC guide gratuities, and travel insurance

### Our Itinerary

Below is the itinerary we have planned for the trip. As is true on any adventure travel trip, plans for any specific day may be modified due to weather considerations, unforeseen circumstances, new opportunities, and group interests.

#### DAY 1

Arrive anytime today at the Denver Airport. We'll be staying at a nearby hotel with an airport shuttle, so you can arrive whenever it's convenient. Our first formal get together will be tomorrow.

### DAY 2

We'll meet each other Sunday morning for breakfast and to start getting acquainted. We'll then depart for the 3 hour drive up to Laramie, stopping along the way for lunch (not included) and a possible opportunity to visit a cowgirl store where you can purchase western wear, boots, hats, and any forgotten items as well as those must-have ones (depends on store hours)! We'll get to the ranch about 2:30 and will have time to settle in, before meeting with our host for the week. We'll learn about the history of the ranch (it's third generation) and then get a tour of the ranch and buildings. Obviously knowing where the hot tub is located will be of prime importance! We'll then enjoy the first of many hearty and delicious dinners, home-cooked from scratch and served buffet style. Our western or gourmet meals are supplemented with fresh salads, fruit, homemade breads, pastries, and desserts at every meal. Obviously if we're going to eat like ranch hands, we'll need to work up an appetite like them! After dinner we'll meet for an orientation to the ranch and our activities for the week. (B,D)

We'll start our week with a "Meet and Greet" - with our horses for the week! We'll learn a little about how horses think and how we can out-think them, setting our week-long relationship on firm footing. We'll get our saddles fitted, learn trail etiquette, and receive some riding instruction that will help whether you're new to riding or an experienced rider. After this introduction, most of the rest of our rides will be based on experience level and everyone will have the chance to improve her riding skills. Each day will be full of riding, fishing, hiking - and relaxing. Every evening we'll review our options for the next day, and everyone can choose what sounds good to her; with lots of flexibility built in. Horseback riding is one of the main delights here. The horses are well cared for and well trained. You will be matched to a horse at the beginning of the week that is appropriate for your experience level, and you will have the chance to improve your riding skills over time. We'll split into groups based on experience; nose-to-tail rides are minimized, and loping rides are available for those who are interested.

The terrain varies greatly: at the beginning of the week, we'll ride directly from the ranch through lush meadows near the river and up onto high plateaus. Later in the week we'll head for more mountainous country. There will be morning and afternoon rides offered each day and at least one day we'll have the option for an all-day ride up in the mountains. All rides are adapted to any level of experience. In addition to trail riding, once we are comfortable with our horses, we'll get to try team penning, learning how to get cattle to go where we want. The Vee Bar's horses are turned out to pasture each night and rounded up each morning. If you want to meet the wranglers at the barn in the morning to help groom and saddle your horse, and/or help unsaddle and turn horses out, you are most welcome to. (You are equally welcome to leave your horse with your wrangler and go back to your cabin for a hot shower!)

There will also be optional activities each day for those who choose not to ride or only ride half the day. The Little Laramie River flows right through the ranch and is perfect for fly fishing, and there is also a stocked pond which is ideal for learning. Those who are interested can attend a demonstration from a local guide who will teach the basics and cover topics such as techniques, equipment, flies, and fish. Those who are really interested in improving their skills or going for guided expeditions can hire the guide - he's always on call. For those who want to do some hiking, the nearby Snowy Mountains offer a variety of well-marked trails. For those who want to relax, you can go for a quiet walk on ranch property, read your book while listening to the river, soak in the hot tub, and take naps. Other activities to look forward to include trapshooting, working sheep dog demonstrations, dance lessons, happy hour with live music, outdoor barbecues, evening campfires, roasting marshmallows (yes!) and singing wranglers!

After a full day of activity, we'll gather for a relaxing drink at the John Wayne Saloon or in the lodge in front of the large river rock fireplace. We'll enjoy a delicious hearty dinner, served buffet style. Our meals are cooked from scratch and supplemented with fresh salads, fruit, homemade breads, pastries, and desserts at every meal. Before retiring to your comfortable bed each night, you can sit outside in the hot tub, soak well-used muscles, and gaze up at the stars that may be brighter than any you've ever seen before.

DAY 4

See "Day 3" for a complete description!

#### DAY 5

Yup, more of the same (see Day 3)

#### DAY 6

Yup, more of the same (see Day 3)

#### DAY 7

Another day in paradise (see Day 3)

#### DAY 8

The week is over way too quickly! We'll pack up this morning, eat our last breakfast, and then get a shuttle back to the Denver airport. We'll be back by 1:00 PM and you can plan to fly out any time after 3PM (B)

### Additional Trip Information

### Getting There

Plan to arrive at Denver International Airport anytime on Day 1. On the morning of day 2, your AGC guide will shuttle you to Vee Bar Ranch (3 hours away).

If you would like assistance with airfare, we recommend contacting our AirDesk Partner, <u>Exito Travel</u>. Start by submitting this <u>form</u>. Just fill in your dates and destinations, including any additional notes about preferred carriers, class of service, possible stopovers, etc., and an agent will typically respond via email within a few hours. If you prefer to call, the number is 800-655-4053; be sure to tell them you are traveling with Adventures in Good Company.

Please note: Exito charges a one-time, non-refundable processing fee of \$50 per passenger.

### Accommodations

There are two cabins and six 2-bedroom Riverside Suites; everyone will get her own semi private bedroom and share a bathroom. Bedrooms are connected by a common door in the middle of the cabin, with separate entrances. The suites are located on the banks of the Little Laramie River, with a porch that invites you to sit and relax while you watch the river go by. The cabins are more secluded and have a somewhat different layout. Both are <u>described here</u>.

### Travel Insurance

We recommend that you purchase a travel protection plan to help protect you and your travel investment against the unexpected. For your convenience, we offer travel protection through Travelex Insurance Services. For more information on the available plans or to enroll, visit <u>www.travelexinsurance.com</u> or call 1-800-228-9792 and reference location number 06-0331.

Travelex Insurance Services, Inc CA Agency License #0D10209. All products listed are underwritten by, Berkshire Hathaway Specialty Insurance Company, NAIC #22276.

# CANCELLATION POLICY

Cancellation charges reflect the many expenses Adventures in Good Company cannot recover if you cancel, even if you must do so due to illness, injury, or personal emergencies. These fees are not meant to be punitive. The charges made reflect the expenses Adventures in Good Company has incurred in administering your reservation and planning for your participation. We recognize that the majority of those who cancel their reservations do so out of necessity. Please note that we do not make any refunds for any unused portion of your trip, not arriving, arriving late, or leaving the trip early. Click here for our Cancellation & Payment Policies and Booking Terms & Conditions.