



ADVENTURES  
*in good company*



## KAYAKING AND SNORKELING BELIZE

### Trip Summary

#### HIGHLIGHTS

- Kayak in warm Caribbean waters over reefs full of diverse marine life
- Snorkel among reefs teeming with brightly colored fish
- Try your hand at kayak sailing or stand up paddleboarding
- Learn about the flora and fauna that inhabit this unspoiled marine environment
- Stay in small, hospitable, locally run lodges
- Feast on freshly prepared Belizean cuisine

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## TRIP AT A GLANCE

Location:	Paradise Islands, Belize
Activities:	Paddling
Arrive:	Plan to arrive at the Belize International Airport (BZE) any time before 2:00 p.m. on Day 1
Depart:	You can plan flights out from BZE any time after 12:30 p.m. on the last day

### Trip Overview

The Paradise Islands of Belize, located in the less developed southern region of Belize's Barrier Reef, remain close to a pristine marine ecosystem. We'll kayak through the shallow reef-strewn waters, snorkel to our hearts content, go to sleep lulled by the sound of ocean waves breaking on the shore, and fill each day with lots of exercise, delicious food, and the kind of relaxation that stems from immersion in a very different world and way of life. Maximum group size: 12

### Rating

This trip is designed for women in good condition who want an active vacation in a warm winter environment. Our days are full, although there is time to relax built into each one and also the option to opt out of activities if you want more downtime. The kayaking and snorkeling on this trip are truly intertwined, as we will do most of our snorkeling from our kayaks. The most kayaking we do in one day is 6 miles, with 3-4 miles being more typical. You should have some prior kayaking experience and be comfortable on the water as you may be paddling in rough or windy conditions at times. **Rating:** 1 [2](#) 3 4 5.

### What's Included

- A local Belizean guide (male) for 8, 2 local guides and an AGC guide for more than 8
- Six nights double occupancy lodging
- Meals from dinner on Saturday through breakfast the following Friday
- All kayaking and snorkeling equipment and instruction, primarily using double kayaks
- Airport pick-up if you arrive on the first day of the trip, or pickup-up from the Belize Biltmore Plaza if arriving earlier
- All taxes and park fees

**Not included:** Travel to and from Belize City, or from Dangriga to Belize City at the end of the trip (about \$110 by plane that we will coordinate, or \$5 by local bus), alcoholic beverages, snacks, guide gratuities, and travel insurance. [Optional Extensions](#) are not included.

## OUR ITINERARY

Below is the itinerary we have planned for the trip. As is true on any adventure travel trip, plans for any specific day may be modified due to weather considerations, unforeseen circumstances, new opportunities, and group interests.

### DAY 1

Arrive at the Belize International Airport by 2:00 p.m. today; you'll be met and transferred to the Belize Biltmore Plaza where the group gathers at 3:00 p.m. From there we go to the Tropical Education Center, adjacent to the Belize Zoo and our lodging for the first night. We will be staying in Forest Cabanas, situated in the midst of idyllic tropical pine forest with a network of interpretative trails and wildlife viewing platforms at our doorstep. You can start getting ready for the adventure at the Interpretive Centre, which details the diverse ecology of Belize and is an ideal introduction. About 6 pm we'll gather for introductions and share a "Welcome to Belize Dinner." If you're not too tired, we highly recommend joining us for an optional nocturnal tour of the Belize Zoo. Jaguars, ocelots, tapirs and other native species provide our first introduction to Belize's amazing wildlife. Overnight at the Tropical Education Center. (D)

### DAY 2

Our first day in the Tropics. We start the morning with a drive over the Maya Mountains to our Operations Base in Dangriga. Here we'll transfer all our items into dry sacks (provided) and hop onto a charter boat that takes us to our first of the aptly named Paradise Islands on the Southern Barrier Reef. We'll meet our Belizean guide team who will give us an overview of tropical marine safety. We'll then begin with kayaking instruction: safety, group and self-rescues, and touring techniques with an emphasis on how to use our muscles most efficiently and how to get in and out of kayaks safely. If you've never received formal instruction, you'll be surprised how much a few basic tips can improve your kayaking. After a break for a swim, some time to explore the island shoreline, and a tasty Belizean lunch, we'll practice our new strokes and become familiar with the local waters. We'll return to our lodging, enjoy drinks and dinner, and be lulled to sleep by the sound of ocean waves. Overnight on Tobacco Caye. (B, L, D)

### DAY 3

For those who love the early morning, watching the sun rise is the perfect way to start your day. After breakfast we'll have our first snorkeling demo and instruction, learning both beginning and advanced skills as appropriate, at the Tobacco Caye cut and outer reef walls. In the afternoon we'll paddle to nearby reefs to snorkel and explore healthy and vibrant coral and brightly colored fish. Staying right on the Barrier Reef in the heart of the Southwater Caye Marine Reserve, we are ideally situated to explore all the surrounding reefs and cayes. For experienced divers, we can also look into arranging an optional scuba dive. This requires advanced notice and is subject to availability. We'll return that night to our lodge on Tobacco Caye and another delicious dinner. (B, L, D)

#### DAY 4

This morning we'll pack all our personal gear into our kayaks and paddle south along the Barrier Reef crest to Southwater Caye and our lodge for the next 3 nights. We'll start with an introduction to kayak sailing - nothing like letting the wind do some of the work for you! We'll paddle and sail our kayaks along one of the most beautiful sections of the entire reef system. The clear, shallow waters reveal an abundance of marine life: southern stingrays, eagle rays, nurse sharks (they're safe, don't worry), grouper, and more. Landing on the beach near our lodge, we'll be glad for a cold drink, a chance to relax, and a swim to cool off. In the afternoon we take a short paddle to a nearby island that is home to the Smithsonian Institute, here we are treated to a tour of the research lab. As the sun sets it's time to enjoy a well-earned dinner that will recharge us after our full day. We'll spend tonight and the next two nights at Southwater Caye. (B, L, D)

#### DAY 5

We're staying at the same lodge tonight, so we have lots of flexibility today and lots of time to kayak, snorkel, fish, enjoy the marine life of Belize and - dare we say it - even relax if we choose. We'll explore both the inner and outer walls of the reef, follow wandering paths through mangrove ranges, and dip into protected lagoons. We gain insight into the lives of the fishermen who make this area their home and their living from the sea. Ho Hum, just another day in Paradise. Overnight Southwater Caye. (B, L, D)

#### DAY 6

Today we spend our last full day kayaking to Billy Hawk Caye, formerly a Garifuna Fishing Camp, located in the Blue Ground Range. Arriving in time for lunch, we'll have time to relax in the most idyllic hammock setting and recharge for an afternoon of snorkeling. Sadly, we leave our kayaks on this island and enjoy a fun boat ride back to South Caye. This evening we'll celebrate our final evening together with a feast and a chance to enjoy island festivities. Overnight on Southwater Caye. (B, L, D)

#### DAY 7

After an early breakfast our water taxi carries us back to the mainland and the town of Dangriga, where the trip finishes. We'll collect and repack any clothing/suitcases we left at the Operations Base and arrange taxis for those who have the short connecting flight to the Belize International Airport or local bus station. It is safe for women to take the local buses by themselves so if this is your preferred mode of transportation, don't hesitate to try it. If you are making an international connection that day, be sure to book your flight after 12:30 p.m. if you fly from Dangriga. If you take the bus, you will arrive in Belize City around 2:00 p.m. (B)

**EXTENSIONS:** If you think its way too soon to head home, don't. Instead, join us on one of two [Optional Extensions](#).

## ADDITIONAL TRIP INFORMATION

### Getting There

Plan to arrive at the Belize International Airport (BZE) no later than 2:00 pm on Day 1.

- If you arrive on Day 1, you will be met at the airport based on your flight arrival time and transported to the Best Western Plus Belize Biltmore Plaza.
- If you arrive prior to Day 1, transportation from the Belize international airport is not included and you should plan to meet us at the Belize Biltmore Plaza by 2:30 pm on Day 1. If you have the time, it is a good idea to arrive in Belize one day before the trip begins, particularly if your international flight connections are tight or you are departing from a region where it is likely that bad weather may cause flight delays.
- The group will gather at the Belize Biltmore Plaza at 3:00 pm and be transported to the Tropical Education Center for the first night of the trip.

### Getting Home:

It takes 2 hours to return to Belize City and get through the lines at the international airport, so don't plan a flight out before 12:30 pm. If you are flying out on Day 7, you will want to book the optional flight from Dangriga. If you are leaving the next day, taking a local bus is also an option.

If you are Registering for the Rainforest Canopy Extension, you will also want to book the optional flight from Dangriga (this will be scheduled for the end of the extension). You can schedule your flights out of BZE after 12:30 pm on Day 11.

If you are Registering for the Mayan World Extension it includes an internal flight on Day 9 from Dangriga to the Belize International Airport where you will be met. Transportation will be provided back to BZE for flights out after 12:30 pm on Day 11.

If you would like assistance with airfare, we recommend contacting our AirDesk Partner, [Exitto Travel](#). Start by submitting this [form](#). Just fill in your dates and destinations, including any additional notes about preferred carriers, class of service, possible stopovers, etc., and an agent will typically respond via email within a few hours. If you prefer to call, the number is 800-655-4053; be sure to tell them you are traveling with Adventures in Good Company.

Please note: Most of the international airlines are in-network for Exitto, so they do not charge extra for their services (and often have access to discounted rates). When necessary, processing fees out-of-network carriers are minimal at around \$35-\$50 per ticket.

## Accommodations

We'll spend the first night at the Tropical Education Center in Belize City, adjacent to the Belize Zoo, and five nights at small Belizean owned lodges.

**Tropical Education Center:** Rustic forest cabanas, each on a raised platform, fully screened and equipped with two twin size beds complete with linens. One full size bed is another accommodation option upon request. This is ideal for travelers seeking that "jungly" experience. There is a shared shower and restroom facility for the cabanas.

**Tobacco Caye:** Tobacco Caye Paradise is a small Belizean-style vacation property with six private "over the water" beach cabanas. All cabanas face north to the Belize Barrier Reef and have wonderful decks perched over turquoise tropical waters. Each deck has a hammock and an amazing view of the Caribbean Sea. The accommodations are clean, comfortable and charmingly rustic. There are five 1 bedroom/1 bathroom cabanas, and one 2 bedroom/1 bathroom cabana. Each bedroom has either one or two beds. Each cabana has a private bathroom and cool, rainwater-fed showers.

**Southwater Caye:** Seaside cabanas are nestled in the mangroves on the eastern shoreline of the island to take advantage of the cooling trade winds. They are so close to the water's edge that you will awaken to a view of the barrier reef and the sound of waves gently lapping the shore beneath you. The cabanas have private bathrooms with hot water showers.

## Travel Insurance

We recommend that you purchase a travel protection plan to help protect you and your travel investment against the unexpected. For your convenience, we offer travel protection through Travelex Insurance Services. For more information on the available plans or to enroll, visit [www.travelexinsurance.com](http://www.travelexinsurance.com) or call 1-800-228-9792 and reference location number 06-0331.

Travelex Insurance Services, Inc CA Agency License #0D10209. All products listed are underwritten by, Berkshire Hathaway Specialty Insurance Company, NAIC #22276.

## CANCELLATION POLICY

Cancellation charges reflect the many expenses Adventures in Good Company cannot recover if you cancel, even if you must do so due to illness, injury, or personal emergencies. These fees are not meant to be punitive. The charges made reflect the expenses Adventures in Good Company has incurred in administering your reservation and planning for your participation. We recognize that the majority of those who cancel their reservations do so out of necessity. Please note that we do not make any refunds for any unused portion of your trip, not arriving, arriving late, or leaving the trip early.

[Click here for our Cancellation & Payment Policies and Booking Terms & Conditions.](#)