



ADVENTURES
in good company

BEST OF THE WILD WEST PACKING LIST

FOOTWEAR

- ___ 4-5 pairs socks: wool or synthetic blend (such as Coolmax or Ultimax or Thorlo) some should come up over the ankle for comfort in your riding boot
- ___ 1 pair riding boots (with heel)
- ___ 1 pair of comfortable shoes/sandals for general use
- ___ 1 pair hiking boots or trail running shoes for hiking

CLOTHING (including what you are wearing)

- ___ 2 – 3 pair comfortable pants: Pants for riding can be jeans. If you are anticipating hiking, fly fishing or other non-riding ranch activities we recommend 1 synthetic pair that can be rinsed out and dry quickly.
- ___ 1-2 pairs of shorts
- ___ 2 - 3 t-shirts or short-sleeved shirts (can be cotton, please have at least 1 synthetic)
- ___ 2 long-sleeve shirts. One can be cotton and the other should be lightweight synthetic equivalent
- ___ 1 pair lightweight long-underwear top: silk, wool or synthetic
- ___ 1 sweater or warm flannel shirt
- ___ 1 fleece or puffy jacket
- ___ Rain gear, jacket/parka and rain pants: must be waterproof (NO ponchos)
- ___ 1 hat for sun and/or rain: wide-brimmed, cowboy or baseball cap is fine
- ___ 1 warm hat – fleece or wool
- ___ 1 pair lightweight synthetic or fleece gloves (useful for horseback riding too)
- ___ 1 pair gardening type gloves for riding if you don't want to use your fleece gloves while riding
- ___ Underwear/nightwear
- ___ Swimsuit (if you want to dip in the refreshingly chilly river!)
- ___ 1 – 2 changes of casual clothes to wear at end of day

ESSENTIALS

- ___ Flashlight or headlamp
- ___ Bandanna
- ___ Sunglasses 100% UV blocking
- ___ 2 water bottles (1-liter capacity each, hard plastic or the collapsible. These will fit into saddlebags. You will not be wearing a backpack while riding so hydration systems like CamelBaks don't work well on horseback)
- ___ 1 daypack, for hiking day (see notes on packing list for recommended capacity). **Note:** For riding, saddle bags are hooked to saddles to carry items.



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___ Capability to 'waterproof' your backpack while hiking. (Rain cover or a heavy-duty plastic bag to line your pack.)

___ insect repellent

___ Wristwatch/travel alarm clock

TOILETRIES (small everything)

___ Toothbrush, toothpaste, dental floss, hand sanitizer, shampoo, contact lens paraphernalia, sanitary supplies

___ Sunscreen and lip protection with sunblock of at least SPF 15

___ Personal first aid/patch kit - Band-Aids, 1 safety pin, moleskin, Compeed (or blister bandages), ibuprofen, any personal medications

Please note: Individuals who have had or have the potential for a severe allergic reaction to insect stings, specific foods or medications must bring an epi-pen. Please consult your physician and tell your guide.

OPTIONAL

___ Favorite snacks

___ Camera (extra battery) and film/memory card

___ Book, journal, writing utensils

___ Binoculars

___ Trekking poles for hiking

___ Bicycle riding shorts (to wear under your pants for riding comfort)

___ Helmet. If you choose to bring one, please have a correctly fitted horseback riding (not bicycle) helmet.

The ranch also has helmets for your use

NOTES ON PACKING

Daypacks: All hiking on this trip is optional. For this reason, we suggest that you bring whatever size backpack you can comfortably fit all the items you will need for hiking: 1 Liter water bottle, snacks, rain gear, warm layer, hat, gloves, sunscreen, sunglasses, camera, lip balm and any other personal items you like to have with you. Before you leave home check to be sure that it is comfortable to wear and has sufficient space for all of your items. **Note:** For riding—saddlebags will be attached to the saddles for your items, you will not wear a backpack while riding

Footwear: For riding, the ranch requires you to wear proper riding (cowgirl) boots with at least a 1 inch heel. While the ranch has some boots for lending, please note that they are well worn and exact fit cannot be expected. For hiking, well-fitting and comfortable boots or trail shoes are recommended.

Clothing: For riding, jeans are recommended. Cotton shirts are also good for riding. If you are



planning on hiking, please bring 1 synthetic t-shirt to hike in. If you are planning on fly-fishing or other non-riding ranch activities, we recommend 1 synthetic outfit (shirt and pants) that can be rinsed out and dry quickly.

Rain Gear: You will need a parka or jacket made of a coated nylon or a waterproof/breathable fabric like Gore-tex, HellyTech, Membrane, H2No, or Ultrex. Be sure it keeps water out. Before making this important purchase, be sure that it fits you properly. It should be large enough to fit over all your layers. In particular, the hood needs to be effective. It should shield your face from the rain and turn with your head. Movement of your arms must not interfere with the hood. Put on your daypack; can you still raise your arms? Your wind/rain pants should be comfortable, allow enough room for your layers, and permit free movement of your legs (for example, can you crouch comfortably?). Partial or full-length leg zippers are useful for easily putting your pants on over your boots.

Personal First Aid Kit: Bring a small first aid kit with familiar medicine and first aid supplies you might need. Recommendations include the following: blister or foot remedies like Moleskin, Compeed, blister bandages, or similar, a small roll of duct tape (always useful!), remedies for respiratory ailments, stomach ailments, sore muscles or joints. The guides will have a comprehensive first aid kit but having what you know works well for you is a good idea.